

SUMMER MENU | WEEK 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY							
BREAKFAST*	PLEASE SEE BREAKFAST MENU FOR FULL RANGE OF ITEMS													
MORNING TEA	CARROT CAKE	YUM CHA	SHORTBREAD	YUM CHA	MINI SAUSAGE ROLLS	YUM CHA	BANANA BREAD							
LUNCH	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2	OPTION 1	OPTION 2
	COMBINATION NOODLE	CHICKEN FLORENTINE	BUN CHA (VIETNAMESE MEATBALLS)	PENNE W/ PESTO, ZUCCHINI & TOMATO	HU TIEU NAM VANG (VIETNAMESE PORK AND PRAWN CLEAR NOODLE SOUP)	SHEPHARDS PIE	ASIAN STYLE CHICKEN CURRY	CHICKEN SCHNITZEL W/ MUSHROOM GRAVY	STEAMED FISH	FISH OF THE DAY	PHO NOODLE SOUP	SAUSAGES W/ ONION GRAVY	BUN THIT NUONG CHA GIO (NOODLE BOWL)	HERB ROAST LAMB
	DESSERT*													
	RHUBARB & VANILLA BAKED CUSTARD (HOT)	VICTORIAN SPONGE W/ RASPBERRIES & WHIPPED CREAM	RASPBERRY SWIRL TRIFLE	CRÈME CAMEL	PAVLOVA W/ PASSIONFRUIT CREAM	CHOCOLATE CHEESECAKE	CHERRY CAKE							
AFTERNOON TEA	A SELECTION OF COFFEE, TEA, MILO, MILK OR CORDIAL SERVED WITH HOME BAKED SWEETS, ASSORTED BISCUITS CUSTARD, YOGHURTS, FRESH CUT FRUIT OR PROTEIN BASED MOUSSE													
DINNER Alternative options available*	GARLIC PRAWNS	MOO SHU PORK	KARAAGE CHICKEN	HONEY SOY BEEF	COMBINATION NOODLES	BBQ PORK	CHICKEN PINEAPPLE FRIED RICE							
	SOUP*													
	QUINOA & VEGETABLE	PUMPKIN	SWEETCORN	CAULIFLOWER & CHICKPEA	TOMATO	BACON POTATO CHOWDER	CARROT & ZUCCHINI							
	WESTERN DISH ALTERNATIVE													
	NA	CEASAR SALAD	NA	STUFFED SWEET POTATO	NA	BURGERS	NA							
DESSERT*														
	CHOCOLATE CAKE AND CREAM	MANGO COCONUT PANNACOTTA	PINEAPPLE BUTTER CAKE	PEAR CRUMBLE (HOT)	FLUMMERY SLICE	SUMMER BERRY PUDDING	UPSIDE DOWN PEACH CAKE							
SUPPER	A SELECTION OF COFFEE, TEA, MILO OR MILK PLUS ASSORTED SWEET BISCUITS, SANDWICHES & FRUITS.													

- Bread rolls or a selection of wholemeal/ multigrain or white breads are readily available on request, if assessed by speech path and approved to do so. Please refer to the beverage menu for fluid provisions.
- All desserts are offered with choice of cream, custard or ice cream.
- Alternative options available daily in replacement of dinner at residents request: sandwiches / toasted sandwiches/ salad / omelette / baked beans with toast / poached egg with toast. Please see dinner alternative menu for full range of items. Please refer to the beverage menu for fluid provisions